CURRICULUM MAP – PERSONAL DEVELOPMENT

Intent
Our intent is to provide a coherent, ambitious and inclusive personal development curriculum relevant to our local context that enables every student to flourish academically, socially and emotionally. Our personal development programme encompasses the holistic growth of students, extending beyond the academic curriculum to cultivate character, wellbeing, resilience, and readiness for life beyond school. We aim to ensure students develop the knowledge, skills, attributes and dispositions needed to become confident, responsible, respectful and well-rounded citizens. This includes fostering resilience and independence, promoting student voice and leadership, ensuring high quality mental health and emotional support, and providing meaningful opportunities for spiritual, moral, social and cultural development. These priorities reflect Charnwood College's emphasis on the importance of wellbeing and personal development as central components of educational success. Personal development opportunities form a deliberately planned, coherent and interconnected curriculum, rather than a series of disconnected experiences. We commit to designing a curriculum that follows the strands of personal, social, health, economic, careers and citizenship education that integrate character education, SMSC, British Values, relationships and sex education, and opportunities for enrichment across subjects and wider school life. Ultimately, our intent is to ensure that all students, regardless of background, starting point or need, develop a strong sense of self (me), an appreciation of those around them (people) an understanding of their place in the world, and the confidence and readiness to shape their own futures positively (the world).

CURRICULUM MAP – PERSONAL DEVELOPMENT

Implementation
To realise our intent, we implement a strategic, whole school approach that embeds personal development throughout the curriculum, pastoral systems, enrichment offer and school culture. <u>Curriculum Implementation</u> We deliver a spiral sequenced and coherent personal development programme, incorporating PSHE, RSE, careers education, SMSC, British Values, health and wellbeing, and character education. Our personal development programme is designed to build students' knowledge at an age-appropriate level. For example, when considering our thread of consent, the curriculum progresses from understanding personal boundaries, bodily autonomy and respectful relationships in Year 7, to setting and communicating boundaries and managing pressure in Year 9, to recognising consent, coercion and healthy relationship behaviours in Year 11, before developing a deeper understanding of consent, power imbalances and communication within intimate relationships in Key Stage 5. Additionally, our curriculum is responsive to the needs of our pupils. We use information from pastoral and safeguarding teams to identify emerging concerns and adapt our curriculum, accordingly, ensuring that learning remains relevant, preventative and supportive. This programme is planned collaboratively across subjects so that personal development themes are interwoven into the wider curriculum, avoiding fragmentation. Curriculum leaders map explicit opportunities for students to develop resilience, independence, leadership and cultural awareness, ensuring that these are revisited and deepened as students' progress. <u>Pastoral and Wellbeing Implementation</u> We have robust and responsive pastoral systems in place to ensure every student receives high quality emotional and wellbeing support. This includes the promotion of positive mental wellbeing, early identification of need and timely access to targeted interventions where appropriate. All staff are equipped to play a proactive role in supporting students' personal development, fostering a safe, inclusive environment where every student feels valued, supported and able to thrive. <u>Enrichment and Wider Experiences</u> We provide a rich programme of enrichment, leadership and community engagement activities, including our broadening horizons programme, the CAARE award, clubs, trips, volunteering, student leadership pathways and cultural experiences to ensure all students have access to meaningful personal development opportunities. Careers provision includes employer encounters, workplace learning both virtually and in person, and guidance aligned to the Gatsby Benchmarks to support students' preparation for future education and employment. <u>Quality Assurance and Evidence of Impact</u>

CURRICULUM MAP – PERSONAL DEVELOPMENT

Leaders monitor provision, assess impact and drive continual improvement. This includes gathering first-hand evidence, reviewing documentation already used in normal school processes, and ensuring provision is proportionate, consistent and impactful. Student voice, staff feedback and assessment of personal development attributes contribute to ongoing evaluation and shaping of the programme. Through this implementation approach, we ensure that students benefit from a well-structured, purposeful and empowering personal development curriculum, preparing them for successful futures.
Supporting students whose learning is vulnerable
At Charnwood College, the personal development curriculum is deliberately designed to be adaptive and responsive, ensuring all students can access learning and thrive. We offer a coherent programme that supports students' wider development, and it is embedded both within and beyond the academic curriculum, with planned provision that meets the needs of all learners rather than offering disconnected experiences. Our effective curriculum design identifies and removes barriers to achievement. Teachers adapt their practice to ensure students with differing abilities, backgrounds or needs are fully included, guided by a curriculum that empowers, stretches and supports all learners through integrated opportunities for character development, wellbeing and skill building. This adaptive approach ensures every student can engage meaningfully with the curriculum, develop the personal attributes needed for future success and make strong progress both academically and personally.

CURRICULUM MAP – PERSONAL DEVELOPMENT

	Term 1 (ME)	Term 2 (PEOPLE)	Term 3 (THE WORLD)
7	**Personal Health and Safety** Looking after my body and mental health, understanding relationships, building self-esteem, staying safe online and offline, and managing change including puberty	**Citizenship and Respect** Understanding British Values and protected characteristics, respecting diversity, learning about basic laws and rights, contributing to the community, and exploring democracy	**Wider World Awareness** Staying safe in the wider world, understanding rights and responsibilities, basic financial awareness, exploring careers and future aspirations, and recognising global issues
8	**Health and Relationships** Developing a healthy lifestyle, managing mental wellbeing, understanding friendships and families, building self-confidence, recognising risks including vaping, and coping with physical change	**Society and Responsibility** Exploring fairness and equality, respecting diversity, understanding laws and consequences, applying rights and responsibilities, contributing to the community, and engaging in social issues	**Life Skills and Financial Awareness** Online safety and managing peer pressure, understanding budgeting and financial decisions, exploring careers and pathways, and recognising global diversity and inequality

CURRICULUM MAP – PERSONAL DEVELOPMENT

9	**Personal Development and Safety** Understanding the link between physical and mental health, managing risk and personal safety, developing identity and self-worth, making informed choices, and building resilience	**Equality and Society** Understanding fairness, diversity and discrimination, exploring how laws are applied, recognising rights and responsibilities, contributing positively to society, and engaging in debate	**Future Planning and Global Awareness** Managing online safety and digital behaviour, understanding financial systems, planning future pathways, and exploring global issues including conflict, inequality and extremism
10	**Health and Decision Making** Understanding health choices, managing stress, recognising healthy relationships, building confidence, making responsible decisions, and coping with challenges	**Rights and Society** Challenging discrimination, understanding law and justice, balancing rights and responsibilities, contributing to society, and debating key social and political issues	**Risk and Responsibility** Managing personal safety in independent situations, understanding consequences, financial awareness including gambling risks, career planning, and exploring climate change
11	**Wellbeing and Resilience** Long-term health, exam stress, complex relationships, maintaining self-worth, evaluating risk, and building resilience during pressure and change	**Society and Responsibility** Exploring inequality and fairness, understanding legal systems, applying rights in complex situations, contributing to society, and analysing media and political issues	**Preparing for Independence** Managing risk in unfamiliar situations, understanding responsibilities, budgeting, preparing for next steps, and exploring global health and societal challenges
12	**Independent Living** Taking ownership of health, maintaining wellbeing, managing adult relationships, strengthening identity, making independent choices, and coping with transition	**Adult Society and Citizenship** Understanding fairness and bias, legal responsibilities, rights in adult life, civic engagement, and evaluating social and political issues critically	**Future Planning** Managing personal safety independently, applying responsibility in real-life situations, understanding credit and finance, preparing for post-18 pathways, and exploring globalisation

CURRICULUM MAP – PERSONAL DEVELOPMENT

13	**Lifelong Wellbeing** Health literacy, sustaining mental health, maintaining healthy relationships, developing identity, managing long-term choices, and adapting to life changes	**Active Citizenship** Promoting equality and justice, applying legal understanding, exercising rights and responsibilities, contributing to communities, and engaging in informed debate	**Global Responsibility** Managing adult responsibilities, financial independence, preparing for work or study, understanding global challenges including climate change and conflict, and acting as a responsible global citizen